



Participant Workbook 2020BKC-EC 19

Preface

Basic Knowledge Curriculum - Early Childhood

This curriculum has been designed to give child care and early learning professionals foundational knowledge to be successful when caring for children. The information presented in the curriculum is for all professionals working in family or center-based child care and early learning programs. This basic information about concepts and skills is ideal for an entry-level staff member, but may also be beneficial for more seasoned professionals as a "refresher course." The entire Basic Knowledge Curriculum – Early Childhood curriculum is 36 clock hours and consists of 18 sessions trainings meeting *Core Competencies for Early Childhood and Youth Development Professionals (Kansas* and *Missouri)* (Levels 1 and 2) and Child Development Associate Credential content areas. Participants can complete these trainings in any order. All sessions are offered by Child Care Aware[®] of Missouri through a local child care resource and referral agency.

For additional information about this curriculum series contact:

Child Care Aware® of Missouri 1-800-200-9017

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Basic Knowledge Curriculum – Early Childhood Session Success

Foundational:

Positive Interactions with Children (BKC-EC 1)

Child Safety & Routine Care (BKC-EC 2)

Child Abuse & Neglect-Mandated Reporter (BKC-EC 3)

Safe Environments (BKC-EC 4)

Guiding Children's Behavior (BKC-EC 5)

Playing with a Purpose (BKC-EC 6)

Routines, Rituals & Schedules (BKC-EC 7)

Supporting:

Physical Development (BKC-EC 8)

Language & Communication Development (BKC-EC 9)

Social & Emotional Development (BKC-EC 10)

Creative Development in Children (BKC-EC 11)

Cognitive Development (BKC-EC 12)

Promoting Physical & Mental Health (BKC-EC 13)

Healthy Eating (BKC-EC 14)

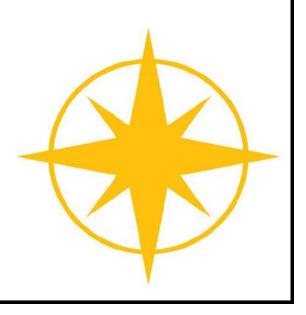
Group Interactions in Child Care (BKC-EC 15)

Family & Community Engagement (BKC-EC 16)

Promoting Cultural Awareness (BKC-EC 17)

Professionalism & Leadership (BKC-EC 18)

Emergency Planning (BKC-EC 19)



Learning Objectives

Emergency Planning

At the end of the training, participants will be able to:

- 1. Identify three key components of emergency planning
- 2. List six developmentally appropriate items for activity bag/box
- 3. Outline process for onboarding new staff for emergency procedures

The training will meet the requirements of the *Core Competencies for Early Childhood and Youth Development Professionals* (Kansas and Missouri) and the Child Development Associate Credential (CDA) in the following content areas:

CDA	Planning a safe, healthy, learning environment Managing an effective program					
Core Competencies for	V. Health and Safety- 1. Promoting Risk Management Practices					
Early Childhood and Youth Development	Level 1:	a. Protects others by following health and safety regulations and policies.				
Professionals (Kansas and Missouri)		d. Practices safety awareness including personal safety.				
and iviissouri)	Level 2:	a. Communicates and follows emergency preparedness plans.				

^{*}These objectives relate directly to the pre and post assessment.

Agenda

Welco	me10 minutes
	Shared Agreements Review Objectives
Makin	g a Plan40 minutes
	Types of Emergencies Why is a Plan Important? Best Practices (Supervision, Shoes and Ready to Go File)
Break	10 minutes
	Show Me Child Care Resources
Best F	Practices50 minutes
	Emergency Backpack Emergency Kit Children with Unique Needs Practicing Drills Communicating with Families Onboarding
Wrap	<i>Up</i> 10 minutes
	Action Steps
	Review Objectives
	Exit Assessment
	Session Satisfaction Surveys
	MOPD Systems Key Functions
	T.E.A.C.H. MISSOURI Scholarship
	Online On Demand Training—MO Workshop Calendar
	Show Me Child Care Resources

Action Items

Use this page to record things you plan to do, topics for further clarification and new ideas from this training.

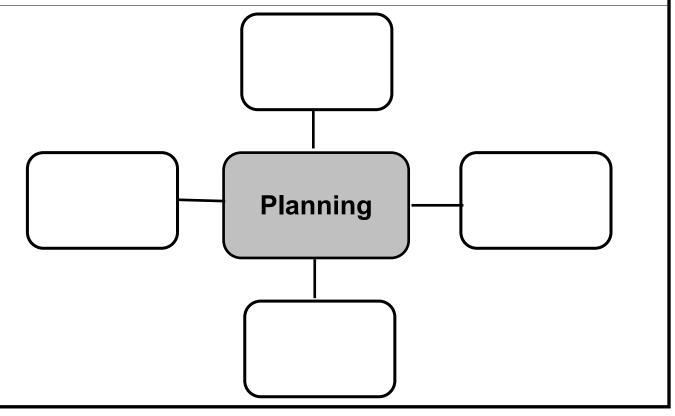
I WANT TO REMEMBER	
ACTION STEPS:	
1.	
2.	



An emergency is an unexpected situation that requires immediate action.

-Merriam Webster

Why is planning for an emergency important?





The Basics

- Stay calm
- Model the coping behaviors for the children and families
- Be prepared

Types of Emergencies

- Fire
- Earthquake
- Tornado
- Intruder

- Flood
- Winter Storm
- Excessive Heat
- Pandemic

- Chemical Hazard
- Utility Outage
- Missing, Lost or Abducted children

Other types:











NOTES:





State Licensing Regulations...

- Are you prepared?
- 19 CSR 30-61.090 Disaster and Emergency Preparedness (Family Child Care)
- 19 CSR 30-62.090 Disaster and Emergency Preparedness (Child Care Centers)

https://health.mo.gov/emergencies/readyin3/







https://www.redcross.org/get-help/how-to-prepare-for-emergencies.html

NOTES:

place stamp



Ready in 3

Center for Emergency Response and Terrorism Missouri Department of Health and Senior Services Jefferson City, MO 65102-0570

influenza, PLAN how to respond to the next major a flu pandemic. It will help you LEARN more about might not know what to think. The Community and read, you may not think it is a big deal, or you You may be frightened by what you have heard You probably have heard about pandemic influenza. Guide is a way to help educate and prepare you for

against this serious health threat. ORDERING READY IN 3 RESOURCES

flu pandemic, and find the best ways to PROTECT

of Health and Senior Services is to be

a leader in promoting, protecting,

and partnering for health.

Three convenient ways to order your Ready in 3

Visit the website at

health.mo.gov/emergencies/readyin3

Complete and return the response card

Call 573-526-4768

STAYING INFORMED

emergencies, please complete the response card and To receive alerts and updates on preparing for website at health.mo.gov/emergencies/readyin3. drop it in the mail. You can also visit the Ready in 3

RESOURCES AND TOOLS ARE AVAILABLE IN MULTIPLE LANGUAGES MANY OF THE READY IN 3

AN EQUAL OPPORTUNITY AT HUMBY ACTION EMPLOYER contacting the office leted above. Hearing impaired officers

Senices provided on a nondscrimmatory basis

Alternate forms of this publication for persons with disabilities may be defained to Center for Emergency Response and Terrorism 24 hours a day, seven days a week This toll-free phone number is staffed To report a public health emergency, Jefferson City, MO 65102-0570 call1-800-392-0272. 573-526-4768 P.O. Box 570

Ready in 3 is funded through the Public Health and The mission of the Missouri Department Preparedness Grant by the Centers for Disease Control and Prevention.





Missouri Department of Health and Senior Services



READYIN3/FACTSHEETS.PHP.

HEALTH.MO.GOV/EMERGENCIES/

READY IN 3 WEB SITE AT:

To VIEW THESE RESOURCES, VISIT THE

AT NO CHARGE.

prepare for an emergency. Preparing today can save lives. Missourians need to take steps today to an earthquake or even a terrorist attack can change Emergencies can strike anytime. A tornado, a flood lives! Ready in 3 can help!

sponsored by the Missouri Department of Health steps you can take to prepare for many kinds of and Senior Services. Ready in 3 focuses on three Ready in 3 is an emergency preparedness program

- Create a plan for you, your family, and your
- Listen for information about what to do and Prepare a kit for your home, car, and at work where to go during an actual emergency

Schools and day care facilities

Ready in 3 can help Missouri schools and day care

RESOURCES AND TOOLS

strikes. Ready in 3 includes many resources and Missourians can help spread the word about the lools to help you and your community prepare for an importance of being prepared in case an emergency

tools not listed below.

emergencies/readyin3/schools.php to obtain other operators. Visit the website at health.mo.gov/ for school administrators, teachers and day care emergencies. Along with the materials mentioned operations take steps to prepare for many types of

above, specific Ready in 3 resources are available

- Lesson Plans are available to aid teachers emergency situations. of how important it is to plan in advance for Bookmarks serve as a reminder with every use,
- A Teacher's Guide offers ideas and suggestions for discussing emergency preparedness in the as they educate Missouri's children on the importance of planning in advance of emergency

An Emergency Threats Brochure gives

be included in your emergency plan

Family Plan outlines the information that should for emergency situations. The accompanying information on the three steps in preparing The Family Safety Guide provides detailed

information on the different kinds of emergencies

that Missouri residents might face.

Videos, available on VHS and DVD, aim to prepare in advance of emergency situations motivate students, teachers, parents, schoo administrators and day care managers to

classroom. The Guide includes a quiz.

Many checklists are available to aid specific

groups of Missourians to gather information for

their emergency plan

- A PowerPoint presentation stresses the importance of being prepared for an emergency
- Newsletter articles are available for your publications or website
- in multiple languages on the web site at health mo.gov/emergencies/readyin3/factsheets.php. do before, during and after an emergency, as Fact Sheets give basic information on what to These fact sheets are available for download only like a nuclear emergency or smallpox outbreak well as basic information on specific situations,

at health.mo.gov/emergencies/readyin3/faithbased.php for Missouri's houses of worship. even more so in times of trouble. Along Ready in 3 resources are available on the website with the materials mentioned above, specific Missourians rely on people of faith for help and advice Faith-based organizations

Employers/Employees

ambassadors of the program by making presentations situations. The Ready in 3 materials mentioned providing information to your co-workers. using the workplace video at staff meetings and previously can help you become workplace employees take steps to prepare for emergency Ready in 3 can help Missouri employers and

Videos, available on VHS and DVD, outline the importance of planning for emergency situations

Adult care facilities, seniors and individuals with special needs

for adult care facilities, seniors and individuals with mentioned, specific Ready in 3 resources are available populations rely on their family and friends for trouble. In addition to the materials previously information and advice, even more so in times of Missouri's senior citizens and special needs

to motivate senior citizens, special needs Videos, available on VHS and DVD, aim emergency situations. adult care facilities to prepare in advance of populations and administrators of Missouri's

Emergency Preparedness Checklist for Pet Owners	Needs for Individuals on Dialysis	General Brochure	Emergency Threats Brochure	Family Safety Guide & Family Plan	Item:	I prefer to receive Mail O	P-Mail	Phone	City State Zip	Physical Address	Organization	Name
edness)wners	als				Quantity	I prefer to receive updates and alerts by: Mail O E-Mail O						
			Spanish	English, Spanish Bosnian, Bruille	(Circle Type)	74						

Adult Care Facility Video American Sign Language Video School Video Semon/Special Ne Child Care Video Workplace Video l'eacher's Guide Vewsletter Articles ersonal Healthcare esson Plans owerPoint Presen pokunark English, Spanish Bosnian, Braille VHS, DVD (max. 2) VHS, DVD VHS, DVD VHS, DVD Video, General VHS, DVD VHS, DVD

Best Practices Resources



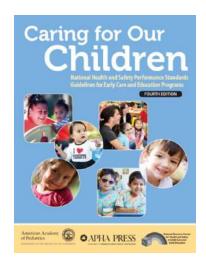
"A procedure that has been shown by research and experience to produce optimal results and that is established or proposed as a standard suitable for widespread adoption."

Merriam-Webster

Creating an Emergency Kit for your business and family

https://www.ready.gov/sites/default/files/2020-04/ ready-buisiness_quakesmart_toolkit.pdf





Best practices for all things in child care.

Gives specific information for emergency planning. https://nrckids.org/CFOC/TOC

- Chapter 5 Facilities, Supplies Equipment and Environmental Health
 - 5.2 Quality of the Outdoor and Indoor Environment
 - 5.2.6.1 Water Supply and Plumbing
 - 5.2.6.5 Emergency Safe Drinking Water and Bottled Water
 - 5.6 Supplies (5.6.0.1 First Aid and Emergency Supplies)
- Chapter 9 Administration
 - 9.2 Policies
 - 9.2.4. Emergency/Security Policies and Plans

https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies.html





Best Practices Resources

Centers for Disease Control

https://www.cdc.gov/childrenindisasters/ Information of preparing emergency kits

https://www.cdc.gov/cpr/readywrigley/

Pre-K –3rd grade coloring books and stories to prepare children for disasters







Missouri Department of Health and Senior Services

Information to support developing your plan https://health.mo.gov/emergencies/dyin3/

Missouri Department of Public Safety-State Emergency Management Agency

https://sema.dps.mo.gov/





Seattle Children's Hospital

https://cshcn.org/planning-record-keeping/create-your-own-care-plans-for-parents/

Emergency Family Care Plan forms

O+	hor	Do	60	urc	00:



Supervision

Know how many children you have at ALL TIMES!

Count heads every

15 minutes!



Shoes

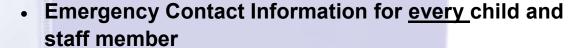
Keep shoes on children at all times - including naptime!



Two things I want to remember about best practices.

Draw or Write:

Ready to Go



- Keep in a notebook, binder or easily accessed means
- Store in a place easy to access but out of view to all visitors
- <u>Update weekly</u> for newly enrolled children or staff changes
- Include address and contact information for your child care program

NOTES:



Best Practices for First Aid Kits

- Child Care Centers: First aid and emergency supplies should be in each classroom with a larger kit kept in the office.
- Family Child Care: First aid and emergency supplies should be in each room that is licensed and used with children with a larger kit kept in a central location of the home.



- First aid kit supplies should be kept in a closed container,
 cabinet or drawer that is labeled and stored in a location known to all staff.
- The kit must be accessible to staff at all times, but locked or otherwise inaccessible to children.
- If children leave the facility for a walk or to be transported, a designated staff member needs to brings a transportable first aid kit.
- Each vehicle used to transport children should have a transportable first aid kit.
- First aid kits or supplies should be restocked after use.
- Inventory of first aid supplies should be conducted at least monthly.
- A log should be kept that lists:
 - Date that each inventory was conducted
 - Verification that expiration dates of supplies were checked
 - Location of supplies (i.e., in the facility supply, transportable first aid kit(s), etc.)
 - Legal name/signature of the staff member who completed the inventory



Standard 5.6.0.1: First Aid and Emergency Supplies http://nrckids.org/CFOC/Database/5.6.0.1

First Aid and Emergency Supplies



Ш	Several pairs of disposable nonporous, latex-		lissues		
	free or non-powdered latex gloves (latex-free recommended)		Wipes		
	Scissors		Liquid soap to wash injury and hand sanitizer, used with supervision, if hands are not visibly		
	Tweezers		soiled or if no water is present		
	Non-glass, non-mercury thermometer to measure a child's temperature		Individually wrapped sanitary pads to contain bleeding of injuries		
	Bandage tape		Adhesive strip bandages, plastic bags for		
	Sterile gauze pads		cloths, gauze, and other materials used in handling blood		
	Flexible roller gauze		Flashlight		
	Triangular bandages		Whistle		
	Safety pins		Battery-powered radio (1)		
	Eye patch or dressing		Current American Academy of Pediatrics		
	Pen/pencil and note pad		(AAP) standard first aid chart or equivalent first aid guide such as the AAP Pediatric First		
	Cold pack		Aid For Caregivers and Teachers (PedFACTS) Manual		
	Water (two liters of sterile water for cleaning wounds or eyes)		Coins for use in a pay phone and cell phone		

When children walk or are transported to another location, the transportable first aid kit should include ALL items listed above AND the following emergency information/items:

- List of children in attendance (organized by educator/caregiver they are assigned to) and their emergency contact information (i.e., parents/guardian/emergency contact home, work, and cell phone numbers)
- Special care plans for children who have them
- Emergency medications or supplies as specified in the special care plans for those children
- List of emergency contacts (i.e., location information and phone numbers for the Poison Center, nearby hospitals or other emergency care clinics, and other community resource agencies)
- Maps
- Written transportation policy and contingency plans

Poison Control Center Number: 1-800-222-1222

Emergency Backpack

- Diapering Supplies
 - Diapers
 - Wipes
 - Bags for dirty diapers
- Formula
- Games



- Books
- Activities
- Pacifiers
- Snacks/Treats
- First Aid Kit
- Flashlight and extra batteries

Favorite Games	Favorite Books
Favorite Activities	Other Items to Add to Backpack



a Basic Emergency Supply Kit: Recommended Items to Include in

for drinking and sanitation Water, one gallon of water per person per day for at least three days,

Food, at least a three-day supply of non-perishable food

Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both

Flashlight and extra batteries

Whistle to signal for help

Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place

Moist towelettes, garbage bags and plastic ties for personal sanitation

Wrench or pliers to turn off utilities

Can opener for food (if kit contains canned food)

Through its Ready Campaign

occur and their appropriate responses different types of emergencies that could emergency plan, and be informed about the an emergency supply kit, make a family asks individuals to do three key things; get natural disasters and terrorist attacks. Ready respond to potential emergencies, including some simple steps to prepare for and educates and empowers Americans to take the Federal Emergency Management Agency

portable kits in their workplace, vehicle or supply kits, one full kit at home and smaller consider having at least two emergency to create an emergency supply kit that wil and the unique needs of their family in order every emergency supply kit should include Following is a listing of some basic items that supplies on hand in order to survive for at All Americans should have some basic other places they spend time. meet these needs, Individuals should also review this list and consider where they live However, it is important that individuals least three days it an emergency occurs





Federal Emergency Management Agency Washington, DC 20472

☐ Books, games, puzzles or other activities for children
☐ Mess kits, paper cups, plates and plastic utensils, paper towels
☐ Feminine supplies and personal hygiene items
☐ Matches in a waterproof container
☐ Fire Extinguisher
☐ Household chlorine bleach and medicine dropper — When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
☐ Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
☐ Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
☐ Emergency reference material such as a first aid book or information from www.ready.gov
☐ Cash or traveler's checks and change
Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
☐ Pet food and extra water for your pet
☐ Infant formula and diapers
☐ Prescription medications and glasses

Additional Items to Consider Adding to an Emergency Supply Kit:



Suggested Emergency Food Supplies

- Store at least a three-day supply of non-perishable food.
- Choose foods your family will eat.
- Remember any special dietary needs.
- Avoid foods that will make you thirsty.
- Ready-to-eat canned meats, fruits, vegetables
- Can opener
- Protein or fruit bars
- Dry cereal or granola
- Peanut butter
- Dried fruit
- Canned juices
- Non-perishable pasteurized milk
- High energy foods
- Food for infants
- Comfort/stress foods









Food Safety and Sanitation

Without electricity or a cold source, food stored in refrigerators and freezers can become unsafe. Bacteria in food grow rapidly at temperatures between 40 and 140 °F, and if these foods are consumed you can become very sick. Thawed food usually can be eaten if it is still "refrigerator cold." It can be re-frozen if it still contains ice crystals. To be safe, remember, "When in doubt, throw it out."

Do:

- Keep food in covered containers.
- Keep cooking and eating utensils clean.
- Discard any food that has come into contact with contaminated flood water.
- Discard any food that has been at room temperature for two hours or more.
- Discard any food that has an unusual odor, color or texture.
- Use ready-to-feed formula. If you must mix infant formula use bottled water, or boiled as a last resort.

Don't:

- Eat foods from cans that are swollen, dented or corroded, even though the product may look safe to eat.
- Eat any food that looks or smells abnormal, even if the can looks normal.
- Let garbage accumulate inside, both for fire and sanitation reasons.

www.ready.gov

Managing Food without Power

- Keep the refrigerator and freezer doors closed as much as possible.
- The refrigerator will keep food cold for about 4 hours if it is unopened.
- Refrigerated or frozen foods should be kept at 40° F or below for proper food storage.
- Use a refrigerator thermometer to check temperature.
- Refrigerated food should be safe as long as the power was out for no more than 4 hours.
- Discard any perishable food (such as meat, poultry, fish, eggs or leftovers) that has been above 40° F for two hours or more.

Using Dry Ice:

- Know where you can get dry ice prior to a power outage.
- Twenty-five pounds of dry ice will keep a 10-cubic-foot freezer below freezing for 3-4 days.
- If you use dry ice to keep your food cold, make sure it does not come in direct contact with the food.
- Use care when handling dry ice, wear dry, heavy gloves to avoid injury.

For more information about food safety during an emergency, visit FoodSafety.gov.

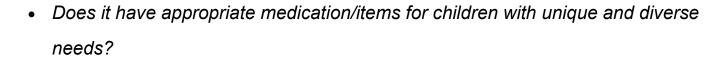
www.Ready.gov

NOTES:



Emergency Kit

- Does your program have an emergency supplies kit?
- Where is it located?
- What does it contain?



- Are all the items current, not expired?
- How often do you check it?
- If your program does not have an emergency supplies kit, when do you plan to make one?



What do you need to create or have a better emergency kit?

Books and Other Education Materials on Drills and Emergencies

No Dragons For Tea: Fire Safety for Kids (and Dragons) by Jean E. Pendziwol

• Pete the Cat: Firefighter Pete by James Dean

 Tummy Rumble Quake: An Earthquake Safety Book for Children by Heather L. Beal

 Elephant Wind: A Tornado Safety Book for Children by Heather L. Beal

- Otis and the Tornado by Loren Long
- Oh Say Can You Say What's the Weather Today?: All About Weather (Cat in the Hat's Learning Library) by Tish Rabe
- Freddy the Frogcaster and the Terrible Tornado by Janice Dean



Puppets are excellent tools to talk about drills and emergencies.

Other items to use to teach children about drills and emergencies:

Practicing Emergency Drills

Practice drills on various days of the week and at different times of the day to ensure the children and adults know what to do in an emergency at all times. You never know when an emergency will occur.





Practice drills at naptime!

Communicating with Emergency Management Agencies



- Work with local emergency agencies to develop best plan
- Invite the Fire Department to visit your program
 - To see the building layout
 - To interact with children in their gear
 - You don't want the first time seeing a firefighter to be during a fire



- Ask the Police Department to visit your program
 - To offer advice for sheltering during intruder emergencies
 - To interact with children and create a positive image seeing officers in uniform

Communicating with Families



- Email or text notification
- Central call number that will provide instructions
- Website posting
- Consider other sources along with social media

Field Trips

- Take Emergency Contact Information with you in case situation arises at child care while you are on field trip
- Remember medications and proper handling
- Head count every 5 minutes
- Take a First Aid Kit



NOTES:



Alternate locations

- Do you have a nearby location that could house the children until families can pick them up?
- Make arrangements with a church, school or nearby business that could accommodate all staff and children in case you have to leave your building.



Have you made a plan?

Ideas for an alternate location for my program:



- All computer systems and bookkeeping must be accessible outside your building in case of emergency.
- Backup computer to the cloud or keep on a portable computer drive that is backed up weekly.
- If using a flash drive, keep it at an alternative location for easy access.
- Store important business information in a safe deposit box or other safe location at least 50 miles away in case disaster affects local area.
- Be mindful of who has access to your information. Remember HIPAA laws for confidentiality of information.





Emergency Planning - Securing the Building and the Classroom

	Are free-standing cabinets, bookcases and wall shelves secured to a structural support?
	Are heavy objects removed from shelves above the heads of seated children?
	Are aquariums and other potentially hazardous displays located away from seating areas?
	Is the TV monitor securely fastened to a stable platform or securely attached to a rolling cart with lockable wheels?
	Are large objects secured against rolling during an earthquake?
	Are wall mountings secured to prevent them from swinging free or breaking windows during an earthquake or storm?
П	Are hanging plants all in lightweight unbreakable nots and fastened to closed books?



Missing and Abducted Children

For custody issues obtain a:

- Copy of Court Order in Child's file
- Picture of parent, if possible

When an issue arises:

- Call 911
- Call family
- · Call state licensing



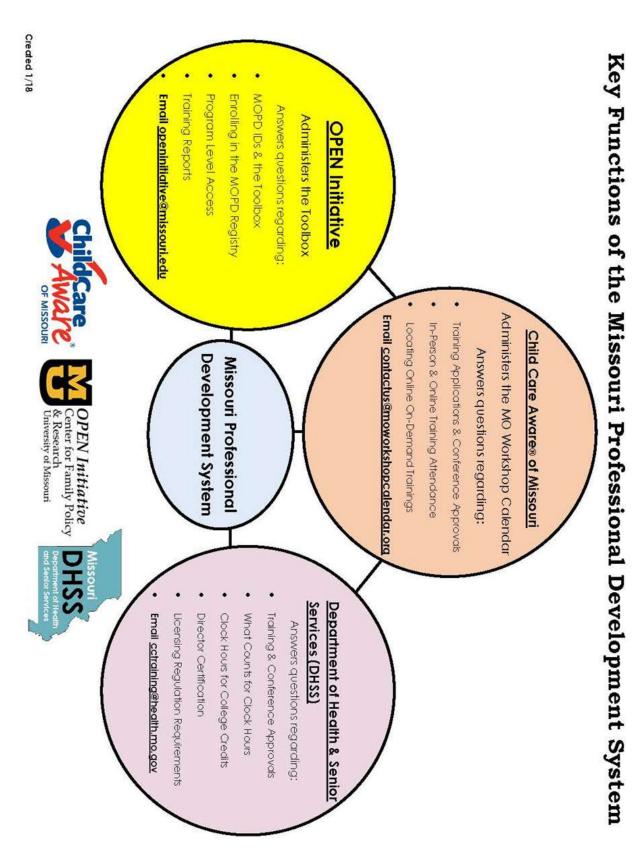
Onboarding...

- Is key for educators to immediately know of emergency processes on their first day of employment.
- Ensures the safety of children and all adults in the program.

What is your onboarding process to inform staff about emergency plans?

What could you do differently to improve the process?

Resources





Questions?

Dori Martin, Resource Specialist Child Care Aware® of Missouri dori@mo.childcareaware.org or 314-535-1458 x611



Resources

T.E.A.C.H. MISSOURI Scholarship

Want to continue your education?



- Support college credits towards early childhood AA/AAS or BA/BS
- Statewide scholarship available to directors, teachers and assistants in *licensed* child care programs
- Partnership between the scholarship recipient, sponsoring employer and T.E.A.C.H. MISSOURI with each paying a portion of tuition and books
- Applications accepted year round
- Visit our website <u>www.teach-missouri.org</u> to learn more and access an application



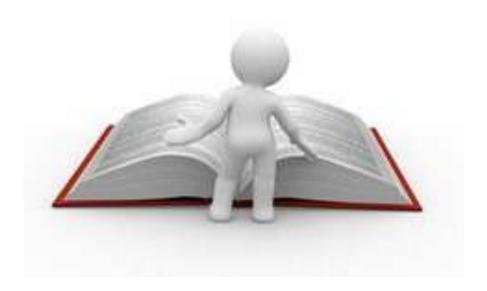
Missouri's most trusted child care resource.

1-866-892-3228

mo.childcareaware.org

- Our referral service uses a database containing Missouri child care programs.
- Families are able to access the database and search for programs near them or contact a resource specialist to assist them in their search.
- All information in the database is self-reported by programs.
- We encourage families to ask questions about the child care programs in order to find a program that best suits the needs of their children.
- Update your Program Information Form (PIF) at least annually or when changes occur.

APPENDIX







Children's Emergency Preparedness: Why CDC Makes It a Priority

The Problem

A public health emergency—such as a natural disaster, disease outbreak, or terrorist attack—can happen anywhere and at any time. Because children are more vulnerable than adults during disasters, CDC's Children's Preparedness Unit and its partners work to protect children before and during an emergency.



Why This Is Important

- Children with disabilities or other special needs are especially vulnerable during disasters.
- Limited emergency resources could be quickly overwhelmed with a surge in the number of patients who are children.
- Communities may face additional challenges protecting children during emergencies because of economic, geographic, or racial/ ethnic disparities. For instance, rural communities may have fewer emergency responders, shelters, health facilities or equipment.

How States and Communities Can Include Children's Health Needs in

Emergency Planning



Include children's needs in emergency exercises and planning. Children require special attention in all areas of public health response planning for emergencies, including evacuation, safe sheltering, and clean-up of dangerous and toxic substances.



Train emergency responders to understand children's needs and vulnerabilities. Emergency responders who are trained to focus on children will be better able to make sure children's needs are not overlooked in an emergency.



Establish connections between emergency response planners and medical professionals. Emergency response planners may not know the roles that children's hospitals and healthcare providers are prepared to play in a health emergency. It is critical that they work together with families to successfully protect children in emergencies.

CDC is committed to addressing the needs of children in a disaster by including children's needs in federal, state, and local levels of planning for public health emergencies.







Future Opportunities for CDC to Protect Children

- Leading practice exercises that focus on children's needs. Through exercises to prepare for emergency responses, CDC can help to establish connections and strengthen communications within and across communities.
- Sharing recommendations with medical providers to improve treatment for children during and after emergencies. CDC can work with others to develop guidance for healthcare professionals on treating children in many types of emergencies.
- Developing messages to help children and those who care for them understand what they can do to stay safe in an emergency.

Protecting children is key to a successful emergency response

Because they breathe
in more air for
their size than adults,
children absorb
harmful materials from
the air more readily.



Because they need vaccines, medicines, and specially designed equipment for emergency situations that are different from adults.

Children
are more
vulnerable in
emergencies

Because they
may not
be able to
communicate
their symptoms
or feelings.

Because they
spend more
time
outside,
are lower
to the
ground,
and they put their
hands in their
mouths more often
than do adults.







MEDICATION REQUIREMENT

PRESCRIPTION MEDICATION SHALL BE IN THE ORIGINAL CONTAINER AND LABELED WITH THE CHILD'S NAME, INSTRUCTIONS, INCLUDING TIMES AND AMOUNTS FOR DOSAGES, AND THE PHYSICIAN'S NAME. ALL NON-PRESCRIPTION MEDICATION SHALL BE IN THE ORIGINAL CONTAINER AND LABELED BY THE PARENT(S) WITH THE CHILD'S NAME AND INSTRUCTIONS FOR ADMINISTRATION, INCLUDING TIMES AND AMOUNTS FOR DOSAGES. A SEPARATE FORM IS NEEDED FOR EACH MEDICATION. THIS FORM IS VALID ONLY FOR THE DATES INDICATED BELOW.

ADMINISTRATION, INCLUDING TIMES AND A THIS FORM IS VALID ONLY FOR THE DATES	AMOUNTS FOR I	DOSAGES. A SEPARATE FORM	IS NEEDED FOR EA	ACH MEDICATION.		
I AUTHORIZE CHILD CARE PERSONNEL TO	ADMINISTER TH	E FOLLOWING MEDICATION TO	MY CHILD:			
(PROPER NAME OF MEDICATION)						
CHILD'S FULL NAME		DATE MEDICATION TAKEN FROM UNTIL				
DOSAGE	TIME(S) OF DAY	\				
POSSIBLE SIDE EFFECTS						
SIGNATURE OF PARENT(S) OR GUARDIAN			DATE			
RECORD OF ADMINISTRATION		1	ř	1		
STAFF NAME	DATE	MEDICATION NAME	DOSAGE	TIME		
			-			
			2			

MO 580-1875 (12-06) FORM TO BE RETAINED IN CHILD'S RECORD BCC-11