



Two-Thousand Days to Make a Difference

Support and Resources for Families



Parenting Support Services

Parents as Teachers™

Parents as Teachers™ is a free home visiting program that supports families with children birth to age three. It offers personal visits, group meetings, and developmental screenings. Parents as Teachers™ is available throughout Missouri. Find your local Parents as Teachers™ organization online at www.parentsasteachers.org/program-locator-1 or call the National Parents as Teachers™ information line at 1-866-728-4968.

ParentLink

The ParentLink WarmLine is a call center staffed with parenting experts. Staff can help answer parenting questions, think through solutions to parenting concerns, or offer referrals to other services. Call at 1-800-552-8522, email at parentlink@missouri.edu, or text at 585-326-4591 to chat with a Family Support Specialist.

Concerned About Your Child's Development?

First Steps

First Steps is Missouri's early intervention system for children birth to three with disabilities or developmental delays. Call 1-866-583-2392 to find out more information.

Local Public Schools

For children over the age of three, contact your local public school district. Many of them have a public preschool program (Title 1) or other intervention services.

Your Child's Brain Development

The first three years of life are a critical time in a child's development. Relationships and experiences play a major role in how children learn and grow. Visit www.zerotothree.org to learn more about nurturing your child's brain.

Support for Children with Special Needs

United 4 Children

United 4 Children (U4C) helps families who have children with special needs find inclusive child care options. An inclusive program includes all children in the same daily routines and activities. Inclusion Specialists at United 4 Children help families find child care programs in their area. U4C provides consultations and trainings to help children succeed. For more information, contact United 4 Children at 1-800-467-2322.



MO HealthNet

Many child care programs require current physicals and up-to-date immunization records for children to enroll. Children may be eligible for medical care through MO HealthNet for Kids if they are under 19 years of age and if family income falls within certain guidelines. Some of the covered benefits include:

- doctor visits, including well-child checks, shots, and sports physicals;
- hospital and emergency room care;
- mental health care;
- dental and vision care;
- prescriptions, lab tests, and x-rays;
- and speech and physical therapy.



For more information, call 888-275-5908 or visit www.mydss.mo.gov/healthcare.

Child Care Aware® of Missouri's Parent Resources

State and Local Resources

Child Care Aware® of Missouri has a list of state and local resources for health and nutrition, family fun, early learning, military family options, etc. Find the resources available in your county by visiting our website at <https://www.mochildcareaware.org/parents-families/family-resources>.



Advocacy

Looking for ways to help? We will let you know what you can do to advocate for children and child care. Sign up for our action center at: <https://www.mochildcareaware.org/advocacy/action-center/>.

Follow us on Social Media

Child Care Aware® of Missouri is on social media! Follow us on:



www.facebook.com/ChildCareAwareofMissouri



www.linkedin.com/company/Child-Care-Aware-of-Missouri



www.youtube.com/user/ChildCareAwareMO



www.instagram.com/MoChildCareAware



www.twitter.com/MOChildCare

Contact us at 1-866-892-3228 OR email referralcenter@mochildcareaware.org
Visit our website at www.mochildcareaware.org

Complaints and Concerns

If you suspect child abuse or neglect, please call the Child Abuse/Neglect Hotline at 1-800-392-3738.

For concerns regarding health and safety issues in a child care program, contact the Section for Child Care Regulation at 1-573-441-6226.

We expect the highest quality of service from our staff. If you have a concern or complaint regarding Child Care Aware® of Missouri's referral service, please contact the Chief Business Officer at 1-314-754-1608.